

NATURAL TREATMENTS FOR THYROID DISEASE

Thyroid disease is extremely common in the United States and very often goes undiagnosed. Hypothyroidism in particular is regularly overlooked because most doctors do not realise that the normal range for thyroid blood tests is **OUTDATED**. Even the American Association of Clinical Endocrinologists says so. Most doctors will not treat a patient until their TSH has risen above 5.5, whereas many people have severe disease long before they reach this point. Many people are depressed, overweight, tired, losing their hair, their sex drive and their mind - for no good reason! Thyroid problems are easily treatable if you know how. It is important to get tested by (or at least have your tests interpreted by) a doctor who specializes in the treatment of what is usually called subclinical hypothyroidism. **DO NOT** accept an assurance from your doctor that "everything's fine." Get the numbers and bring them in to Dr. Barker or we can order the appropriate tests for you.

We treat all forms of thyroid disease:

- Hypothyroidism (low thyroid)
- Hyperthyroidism (overactive thyroid)
- Hashimoto's Thyroiditis
- Subacute Thyroiditis
- Graves' Disease
- Toxic Multinodular Goiter (TMNG)
- Plummer's Disease
- Thyroid nodules
- Thyroid Cancer

There are a number of diseases that put people at an increased risk of developing thyroid disease. These include:

- Diabetes Type I (Childhood onset)
- Vitiligo
- Celiac disease
- Scleroderma
- Lupus
- Rheumatoid Arthritis
- Sjögren's syndrome
- Mixed Connective Tissue Disorder
- Polymyositis/Dermatomyositis
- Pernicious Anemia

Signs and symptoms of Hypothyroidism:

- Tiredness
- Depression
- Difficulty losing weight
- Constipation
- Muscle aches
- Cold intolerance
- Dry skin
- Hoarseness
- Loss of menstrual period
- High blood pressure

High cholesterol
Heartburn/Reflux
Hair loss
Low sex drive
Mood changes
Hypoglycemia
Ankle swelling

Signs and symptoms of Hyperthyroidism:

Rapid weight loss
Diarrhea
Tiredness
Nervousness
Tremor
Bulging eyes
Anxiety
Palpitations
Hot flashes
Heat intolerance
Increased sweating
Hair loss

If you have been diagnosed with one of these conditions or have three or more of the symptoms listed above, call now to arrange a visit to get your thyroid checked - 626 794 4668.

Your thyroid support program will include some or all of the following:

Specific homeopathic remedies
Herbal tinctures
Vitamins and minerals
Amino acid therapies
Natural thyroid replacement (Armour Thyroid)
Eurythmy (movement therapy)
Therapeutic speech
Food allergy/sensitivity testing and diet
Detoxification
Biography Work
Counseling

Testimonials from Dr. Barker's patients:

For most of my life, I have been under the care of many internists, endocrinologists and thyroid specialists for Hashimoto's – and yet I continued to suffer from swelling, weight gain, and fatigue among other symptoms. In one visit, Dr. Barker properly changed the medication and added a homeopathic remedy. The results were rapidly dramatic - symptoms immediately disappeared – brightening my outlook, allowing me to live life to the fullest. Dr. Barker gave me my life back and I will always be grateful. – P. D., South Pasadena

Without exaggeration, my health had abandoned me two years ago, and I had received no help from traditional western medicine. Since working with Dr. Barker, I not only have regained my health, I've attained a previously lost attitude....I am in awe of finally being given genuine health CARE. We are working together with respect and mutually defined goals. At no time am I condescended to. I couldn't pick up a pencil on the ground one year ago. Last week, I had an 18-hour day on my feet, and tearfully realized at the end of that day that I was merely tired, not trashed. I cannot express adequately my appreciation for the way that Dr. Barker and everyone in his office deal with me. Thank you, from the bottom of my shrivelled little thyroid! - M.C., Pasadena

I came to see Dr. Barker about a year ago. I had previously been hospitalized after drastically losing 40lbs in a matter of weeks. The diagnosis was hyperthyroidism. I had the "storm" and a goiter the size of a basketball. I was told that the only way to handle the problem was by taking radioactive iodine which supposedly killed the thyroid and then I would have to take a pill for the rest of my life. I was told that I would be given the liquid to drink in a special room and that the personnel would wear protective suits in order to give me the liquid. This scared me half to death. So, I decided to look for a doctor who would use natural approaches. I found Dr. Barker and I am glad to say that with his help my results are now normal and I no longer have any symptoms. I am still being monitored and probably will be for a while but I still have my thyroid and have not been subjected to radioactivity. Don't believe what the doctors tell you when they say there is nothing else that works. - S. M., Los Angeles